O, Lord, help us to be attentive to your commands.  
Help us to walk in unity.  
Help us to celebrate who we are and whose we are.  
Help us to overcome selfishness, anger, and violence in our hearts,  
in our homes, in our Church, in our world.  
Help us to knock down, pull down, shout down the walls of racism, sexism,  
classism, materialism, and militarism that divide and separate us.  
Help us to live as your united people, proclaiming with one voice,  
our faith, our hope, our love, our joy.  
Amen. +  
-from Sr. Thea: Songs of My People
References

Prayer taken from:

Photos:


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